

# BREAKFAST MENU

All cooked breakfasts are served with toasted sourdough

<b>BACON &amp; EGGS</b>	10.90
...eggs of your choice with bacon	
<b>EXTRAS</b>	
...mushrooms	2.00
...Italian sausage (x2)	2.50
...grilled tomato	2.00
...hash browns (x2)	2.00
...baked beans	1.50
...spinach	2.00
<b>EGGS &amp; SMOKED SALMON</b>	11.90
...scrambled eggs with smoked salmon	
<b>BACON &amp; EGG ROLL</b>	9.90
...fried egg, bacon & tomato sauce on a freshly toasted roll	
<b>NOVA EGGS BENEDICT</b>	13.20
...poached eggs with a choice of salmon, ham or bacon with hollandaise sauce	
<b>OMELETTE</b>	11.90
1. ham, tomato and cheese omelette	
2. ham, spinach and mushroom	
<b>CALABRESE BREAKFAST</b>	12.90
...eggs cooked in a napolitana sauce with diced chorizo, olives, garlic & onion	
<b>PANCAKES</b>	6.90
...with cream and maple syrup. add ice cream for + \$1.5	
<b>CROISSANTS</b>	
...toasted with jam	5.00
...grilled with ham and cheese	6.50
<b>TOAST</b>	
...2 slices per serve with choice of jam or vegemite	sourdough 4.00
	fruit loaf 4.00
	gluten free bread add 1.00

# LUNCH MENU

<b>FOCACCIAS</b> <i>toasted and served with chips (Available Lunch Only)</i>	11.50
<b>1. CHICKEN</b>	
...chicken, avocado, lettuce, cheese	
<b>2. SMOKED SALMON</b>	
...salmon, red onion, capers, cream cheese, lettuce	
<b>3. BACON</b>	
...roasted chicken, bacon, tomato, onion + garlic mayonnaise	
<b>4. VEGETARIAN</b>	
...fresh tomato, eggplant, fetta, roasted capsicum + lettuce	
<b>5. CHICKEN PESTO</b>	
...roasted chicken, basil pesto, roasted capsicum + fresh spinach	
<b>6. SATAY CHICKEN</b>	
...chicken, tomato, bacon, cheese + home made satay sauce	
<b>MELTS</b> <i>(Available Lunch Only)</i>	9.0
1. chicken, sundried tomato + matured cheese	
2. bacon, fresh tomato + matured cheese	
3. ham, pineapple + matured cheese	
4. chicken, avocado + matured cheese	



# CAFE NOVA

BREAKFAST - LUNCH - DINNER

EST. 1999

PLEASE LET US KNOW IF YOU HAVE ANY FOOD ALLERGIES  
AND WE WILL DO OUR BEST TO ACCOMMODATE.

MENU AVAILABLE AS TAKEAWAY

19 MURRAY STREET, GAWLER P 8522 6799 F 8523 3709

# LUNCH & DINNER MENU

## STARTERS & SIDES

GARLIC OR HERB BREAD		5.50
BRUSCHETTA (2 SLICES)		8.90
...tomato, basil, garlic, olive oil on a continental bread		
BRUSCHETTA PIZZA	9.90	12.90
...tomato, bocconcini cheese, basil, garlic, olive oil on a pizza base		
GARLIC & CHEESE PIZZA	8.40	9.90
POTATO WEDGES		9.40
...served w` sweet chilli + sour cream		
BOWL OF FRIES		7.90
...served w` tomato sauce		
SALT AND PEPPER CALAMARI		15.90
...calamari lightly dusted in seasoned flour served with lemon & tartare sauce		
ARANCINI BALLS (3 PER SERVING)		15.90
...mediterranean with 2 dipping sauces		
NACHOS <b>GF V</b>		9.90
...corn chips topped w` napolitana sauce, cheese, sour cream and guacamole		
STEAMED VEGETABLES		9.50
NOVA BBQ SPARE RIBS ( <i>Entrée</i> )		17.90
...succulent spare ribs thickly coated in a rich home made bbq sauce		
NOVA TASTING PLATE (for 2-3)		26.90
...a selection of fresh assorted cheeses, cold meats, seasonal marinated delicacies, pate, homemade dip & pita bread		

## SALADS

\*Add Chicken, Salmon or Calamari +\$4, Prawns +\$4.50, Lamb +\$5

GARDEN SALAD <b>GF</b>		9.10
...mixed salad greens with a balsamic vinaigrette		
WARM QUIONA SALAD <b>GF</b>		19.90
...infusion of roasted pumpkin, beetroot, roast capsicum, spinach, olives & fetta, red onion through a balsamic reduction		
CAESAR SALAD		14.90
...egg, parmesan cheese, bacon, cos lettuce, croutons with homemade caesar dressing		
GREEK LAMB SALAD <b>GF</b>		19.10
...moroccan lamb over mixed lettuce w` olives, fetta cheese, sundried tomatoes, roasted red capsicum & red onion finished with homemade tzatzki		
WARM CHICKEN SALAD <b>GF</b>		18.90
...chicken tenderloins, mushrooms served on mixed salad in sweet balsamic pesto		
CHICKEN TENDERLOIN SALAD <b>GF</b>		19.50
...chicken tenderloins, prawns, bacon & sweet chilli sauce with mix greens and balsamic vinegar dressing		

## PASTA & RISOTTO

<b>GF pasta available upon request with any sauce</b>	Entrée	Main
		+ \$1.00
SPAGHETTI MARINARA	18.70	21.10
...calamari, mussels, prawns, baby octopus, tossed in white wine spring onions + olive oil, garlic and chilli		
PENNE PRAWNS & CALAMARI	18.70	21.10
...tossed w` bok choy in a sweet chilli cream sauce		
PENNE VEGETERIAN <b>V</b>	16.90	18.90
...roast pumpkin, fetta, sundried tomato, olives and baby spinach finished in an olive oil and pesto sauce		
PENNE CARBONARA	15.90	18.50
...bacon, cracked pepper in a egg based cream sauce		
LASAGNE		18.00
...traditional Italian bolognese, shaved ham, mozzarella served w` a side salad		
SPAGHETTI PUTTANESCA	16.90	19.60
...vine ripened tomatoes, anchovies, capers, black olives, chilli, fresh basil pesto in a rich Napolitana sauce		
SPAGHETTI BOLOGNESE	15.90	18.80
...traditional Italian meat sauce		
RISOTTO	17.10	19.10
(please refer to specials board)		
CHICKEN & PRAWN STIR FRY	19.50	21.50
...hokkein noodles with seasonal vegetables in an Asian style sauce		

## MAIN MEALS

(Served Lunch & Dinner – Please check board for daily Specials)

POLLO NOVA <b>GF</b>		23.50
...grilled chicken breast finished in a candied onion & honey mustard cream sauce, served with asparagus wrapped in bocconcini and prosciutto with seasoned potatoes		
FISH OF THE DAY <b>GFA</b>		
...please refer to the specials board		
FISH AND CHIPS		19.90
...beer battered fish served with chips, salad and tartare sauce		
NOVA BURGER		19.10
...a unique burger using prime beef w` spices, bacon, cheese, lettuce, sliced tomato, caramelised onion + tomato sauce, served w` chips.		
SCHNITZEL ( <i>Chicken or Beef</i> )		18.90
...crumbed schnitzel served w` chips & salad topped w` your choice of sauce ( <i>see below</i> )		
SALT & PEPPER CALAMARI		20.50
...calamari lightly dusted in seasoned flour, fried & served with fresh salad, chips & tartare		
NOVA BBQ SPARE RIBS		26.50
...succulent pork spare ribs thickly coated in a rich homemade bbq sauce served w` fresh salad and chips		
SCOTCH FILLET <b>GFA</b>		27.50
...served w` chips & salad and your choice of sauce ( <i>see below</i> )		
PAN FRIED CHICKEN BREAST <b>GF</b>		23.50
...served w` garlic seasoned potatoes, avocado and bacon finished with a pesto cream sauce		
<b>CHOICE OF SAUCES - gravy, mushroom, pepper, dianne or parmigiana GF</b>		
<b>BISTECCA SAUCE - an infusion of onion, garlic, chilli, basil, roast capsicum, mushrooms, olives in a napolitana sauce GF</b>		add \$3.00
<b>NOVA PESCI SAUCE GF - a rich garlic and prawn cream sauce</b>		add \$4.50

## AUTHENTIC GOURMET PIZZA

(Served Lunch & Dinner)

		9" Sml	12" Lge
NOVA MARGHERITA	14.20	19.20	
...fresh tomato, herbs, garlic, basil pesto, cheese, salami and ham			
HAWAIIAN	12.30	17.30	
...ham, pineapple + cheese			
MARINARA	16.30	20.90	
...marinated seafood, herbs, garlic + cheese			
BBQ MEAT LOVERS	15.30	20.20	
...chicken, bacon, salami, ham, onion + cheese in bbq sauce			
BBQ CHICKEN	15.30	20.20	
...chicken, onion, capsicum, pineapple + cheese			
TRADITIONAL MARGHERITA <b>V</b>	12.20	17.20	
...fresh tomato, herbs, garlic, basil pesto + cheese			
POLLOVE	15.30	19.20	
...chicken, pineapple, bacon, onion, mushroom + cheese			
VEGETARIAN <b>V</b>	14.20	18.90	
...roasted pumpkin, capsicum, olives, tomato, bocconcini, cheese, pesto			
ULISSA	15.60	20.60	
...tomato, cheese, prawns, smoked salmon + bacon			
CHICKEN SATAY	15.10	19.90	
...chicken marinated in our special satay sauce base, cheese & tomato			
NOVA SPECIAL	15.10	20.20	
...ham, mushroom, salami, onion, capsicum, olives + cheese			
LAMB	15.30	19.90	
...marinated lamb, onion, roasted capsicum, fresh tomato, topped with homemade tzatzki + cheese			
CHORIZO	15.00	20.00	
...chorizo, onion, capsicum, eggplant, cherry tomato with a sprinkle of chilli & cheese			
<b>Extra Meat or Seafood</b>	2.00	4.00	
<b>Gluten free bases available (small only)</b>		3.20	

## KIDS CORNER (ages 12 and under)

FLYING SAUCER PIZZA ... mini ham, pineapple + cheese pizza	10.90
SPAGHETTI BOLOGNESE ... traditional italian meat sauce	10.90
KIDS SCHNITZEL ( <i>beef or chicken</i> )	10.90
CHICKEN NUGGETS & CHIPS	10.90
FISH & CHIPS	10.90
CHEESE BURGER & CHIPS... with pickles & sauce	10.90
all kids meals include small ice-cream + small soft drink	