

BREAKFAST MENU

All cooked breakfasts are served with toasted sourdough

BACON & EGGS	10.90
...eggs of your choice with bacon	
EXTRAS	
...mushrooms	2.00
...Italian sausage (x2)	2.50
...grilled tomato	2.00
...hash browns (x2)	2.00
...baked beans	1.50
...spinach	2.00
EGGS & SMOKED SALMON	11.90
...scrambled eggs with smoked salmon	
BACON & EGG ROLL	9.90
...fried egg, bacon & tomato sauce on a freshly toasted roll	
NOVA EGGS BENEDICT	13.20
...poached eggs with a choice of salmon, ham or bacon with hollandaise sauce	
OMELETTE	11.90
1. ham, tomato and cheese omelette 2. ham, spinach and mushroom	
CALABRESE BREAKFAST	12.90
...eggs cooked in a napolitana sauce with diced chorizo, olives, garlic & onion	
PANCAKES	6.90
...with cream and maple syrup. add ice cream for + \$1.5	
CROISSANTS	
...toasted with jam	5.00
...grilled with ham and cheese	6.50
TOAST	
...2 slices per serve with choice of jam or vegemite	sourdough 4.00 fruit loaf 4.00 gluten free bread add 1.00

LUNCH MENU

FOCACCIAS <i>toasted and served with chips (Available Lunch Only)</i>	11.50
1. CHICKEN ...chicken, avocado, lettuce, cheese	
2. SMOKED SALMON ...salmon, red onion, capers, cream cheese, lettuce	
3. BACON ...roasted chicken, bacon, tomato, onion + garlic mayonnaise	
4. VEGETARIAN ...fresh tomato, eggplant, fetta, roasted capsicum + lettuce	
5. CHICKEN PESTO ...roasted chicken, basil pesto, roasted capsicum + fresh spinach	
6. SATAY CHICKEN ...chicken, tomato, bacon, cheese + home made satay sauce	
MELTS <i>(Available Lunch Only)</i>	9.0
1. chicken, sundried tomato + matured cheese 2. bacon, fresh tomato + matured cheese 3. ham, pineapple + matured cheese 4. chicken, avocado + matured cheese	



CAFE NOVA

BREAKFAST - LUNCH - DINNER

EST. 1999

PLEASE LET US KNOW IF YOU HAVE ANY FOOD ALLERGIES
AND WE WILL DO OUR BEST TO ACCOMMODATE.

MENU AVAILABLE AS TAKEAWAY

19 MURRAY STREET, GAWLER P 8522 6799 F 8523 3709

LUNCH & DINNER MENU

STARTERS & SIDES

GARLIC OR HERB BREAD		5.50
BRUSCHETTA (2 SLICES)		8.90
...tomato, basil, garlic, olive oil on a continental bread		
BRUSCHETTA PIZZA	9.90	12.90
...tomato, bocconcini cheese, basil, garlic, olive oil on a pizza base		
GARLIC & CHEESE PIZZA	8.40	9.90
POTATO WEDGES		9.40
...served w` sweet chilli + sour cream		
BOWL OF FRIES		7.90
...served w` tomato sauce		
SALT AND PEPPER CALAMARI		15.90
...calamari lightly dusted in seasoned flour served with lemon & tartare sauce		
ARANCINI BALLS (3 PER SERVING)		15.90
...mediterranean with 2 dipping sauces		
NACHOS GF V		9.90
...corn chips topped w` napolitana sauce, cheese, sour cream and guacamole		
STEAMED VEGETABLES		9.50
NOVA BBQ SPARE RIBS (<i>Entrée</i>)		17.90
...succulent spare ribs thickly coated in a rich home made bbq sauce		
NOVA TASTING PLATE (for 2-3)		26.90
...a selection of fresh assorted cheeses, cold meats, seasonal marinated delicacies, pate, homemade dip & pita bread		

SALADS

**Add Chicken, Salmon or Calamari +\$4, Prawns +\$4.50, Lamb +\$5*

GARDEN SALAD GF		9.10
...mixed salad greens with a balsamic vinaigrette		
WARM QUIONA SALAD GF		19.90
...infusion of roasted pumpkin, beetroot, roast capsicum, spinach, olives & fetta, red onion through a balsamic reduction		
CAESAR SALAD		14.90
...egg, parmesan cheese, bacon, cos lettuce, croutons with homemade caesar dressing		
GREEK LAMB SALAD GF		19.10
...moroccan lamb over mixed lettuce w` olives, fetta cheese, sundried tomatoes, roasted red capsicum & red onion finished with homemade tzatzki		
WARM CHICKEN SALAD GF		18.90
...chicken tenderloins, mushrooms served on mixed salad in sweet balsamic pesto		
CHICKEN TENDERLOIN SALAD GF		19.50
...chicken tenderloins, prawns, bacon & sweet chilli sauce with mix greens and balsamic vinegar dressing		

PASTA & RISOTTO

GF pasta available upon request with any sauce

	Entrée	Main
SPAGHETTI MARINARA	18.70	21.10
...calamari, mussels, prawns, baby octopus, tossed in white wine spring onions + olive oil, garlic and chilli		
PENNE PRAWNS & CALAMARI	18.70	21.10
...tossed w` bok choy in a sweet chilli cream sauce		
PENNE VEGETERIAN V	16.90	18.90
...roast pumpkin, fetta, sundried tomato, olives and baby spinach finished in an olive oil and pesto sauce		
PENNE CARBONARA	15.90	18.50
...bacon, cracked pepper in a egg based cream sauce		
LASAGNE		18.00
...traditional Italian bolognese, shaved ham, mozzarella served w` a side salad		
SPAGHETTI PUTTANESCA	16.90	19.60
...vine ripened tomatoes, anchovies, capers, black olives, chilli, fresh basil pesto in a rich Napolitana sauce		
SPAGHETTI BOLOGNESE	15.90	18.80
...traditional Italian meat sauce		
RISOTTO	17.10	19.10
(please refer to specials board)		
CHICKEN & PRAWN STIR FRY	19.50	21.50
...hokkein noodles with seasonal vegetables in an Asian style sauce		

MAIN MEALS

(Served Lunch & Dinner – Please check board for daily Specials)

POLLO NOVA GF		23.50
...grilled chicken breast finished in a candied onion & honey mustard cream sauce, served with asparagus wrapped in bocconcini and prosciutto with seasoned potatoes		
FISH OF THE DAY GFA		
...please refer to the specials board		
FISH AND CHIPS		19.90
...beer battered fish served with chips, salad and tartare sauce		
NOVA BURGER		19.10
...a unique burger using prime beef w` spices, bacon, cheese, lettuce, sliced tomato, caramelised onion + tomato sauce, served w` chips.		
SCHNITZEL (<i>Chicken or Beef</i>)		18.90
...crumbed schnitzel served w` chips & salad topped w` your choice of sauce (<i>see below</i>)		
SALT & PEPPER CALAMARI		20.50
...calamari lightly dusted in seasoned flour, fried & served with fresh salad, chips & tartare		
NOVA BBQ SPARE RIBS		26.50
...succulent pork spare ribs thickly coated in a rich homemade bbq sauce served w` fresh salad and chips		
SCOTCH FILLET GFA		27.50
...served w` chips & salad and your choice of sauce (<i>see below</i>)		
PAN FRIED CHICKEN BREAST GF		23.50
...served w` garlic seasoned potatoes, avocado and bacon finished with a pesto cream sauce		
CHOICE OF SAUCES - gravy, mushroom, pepper, dianne or parmigiana GF		
BISTECCA SAUCE - an infusion of onion, garlic, chilli, basil, roast capsicum, mushrooms, olives in a napolitana sauce GF		add \$3.00
NOVA PESCI SAUCE GF - a rich garlic and prawn cream sauce		add \$4.50

AUTHENTIC GOURMET PIZZA

(Served Lunch & Dinner)

	9" Sml	12" Lge
NOVA MARGHERITA	14.20	19.20
...fresh tomato, herbs, garlic, basil pesto, cheese, salami and ham		
HAWAIIAN	12.30	17.30
...ham, pineapple + cheese		
MARINARA	16.30	20.90
...marinated seafood, herbs, garlic + cheese		
BBQ MEAT LOVERS	15.30	20.20
...chicken, bacon, salami, ham, onion + cheese in bbq sauce		
BBQ CHICKEN	15.30	20.20
...chicken, onion, capsicum, pineapple + cheese		
TRADITIONAL MARGHERITA V	12.20	17.20
...fresh tomato, herbs, garlic, basil pesto + cheese		
POLLOVE	15.30	19.20
...chicken, pineapple, bacon, onion, mushroom + cheese		
VEGETARIAN V	14.20	18.90
...roasted pumpkin, capsicum, olives, tomato, bocconcini, cheese, pesto		
ULISSA	15.60	20.60
...tomato, cheese, prawns, smoked salmon + bacon		
CHICKEN SATAY	15.10	19.90
...chicken marinated in our special satay sauce base, cheese & tomato		
NOVA SPECIAL	15.10	20.20
...ham, mushroom, salami, onion, capsicum, olives + cheese		
LAMB	15.30	19.90
...marinated lamb, onion, roasted capsicum, fresh tomato, topped with homemade tzatzki + cheese		
CHORIZO	15.00	20.00
...chorizo, onion, capsicum, eggplant, cherry tomato with a sprinkle of chilli & cheese		
Extra Meat or Seafood	2.00	4.00
Gluten free bases available (small only)		3.20

KIDS CORNER (ages 12 and under)

FLYING SAUCER PIZZA ... mini ham, pineapple + cheese pizza	10.90
SPAGHETTI BOLOGNESE ... traditional italian meat sauce	10.90
KIDS SCHNITZEL (<i>beef or chicken</i>)	10.90
CHICKEN NUGGETS & CHIPS	10.90
FISH & CHIPS	10.90
CHEESE BURGER & CHIPS... with pickles & sauce	10.90
all kids meals include small ice-cream + small soft drink	