

BREAKFAST MENU

All cooked breakfasts are served with toasted sourdough

BACON & EGGS	12.80
...eggs of your choice with bacon	
EXTRAS	
...mushrooms	2.60
...Italian sausage (x2)	3.00
...grilled tomato	2.50
...hash browns (x2)	2.20
...baked beans	2.20
...spinach	2.50
...avocado	2.60
EGGS & SMOKED SALMON	14.40
...scrambled eggs with smoked salmon	
BACON & EGG ROLL	9.90
...fried egg, bacon, tomato sauce on a freshly toasted roll	
NOVA EGGS BENEDICT	14.40
...poached eggs with a choice of salmon, ham or bacon with hollandaise sauce on sourdough toast	
OMELETTE	14.50
1. ham, tomato and cheese omelette 2. ham, spinach and mushroom	
CALABRESE BREAKFAST	14.50
...eggs cooked in a napolitana sauce with diced chorizo, olives, garlic & onion	
PANCAKES	6.90
...with cream and maple syrup. add ice cream for + \$1.5	
CROISSANTS	
...toasted with jam	5.20
...grilled with ham and cheese	7.30
TOAST	
...2 slices per serve with choice of jam or vegemite	sourdough 4.20 fruit loaf 4.20 gluten free bread add 1.00

LUNCH MENU

FOCACCIAS <i>toasted and served with chips (Available Lunch Only)</i>	12.80
1. CHICKEN ...chicken, avocado, lettuce, cheese, mayonnaise	
2. SMOKED SALMON ...salmon, red onion, capers, cream cheese, lettuce	
3. BACON ...roasted chicken, bacon, tomato, onion + garlic mayonnaise	
4. VEGETARIAN ...fresh tomato, eggplant, fetta, roasted capsicum + lettuce	
5. CHICKEN PESTO ...roasted chicken, basil pesto, roasted capsicum + fresh spinach	
6. SATAY CHICKEN ...chicken, tomato, bacon, cheese + home made satay sauce	
MELTS <i>(Available Lunch Only)</i>	9.50
1. chicken, sundried tomato + matured cheese 2. bacon, fresh tomato + matured cheese 3. ham, pineapple + matured cheese 4. chicken, avocado + matured cheese	



CAFE NOVA

BREAKFAST - LUNCH - DINNER

EST. 1999

PLEASE LET US KNOW IF YOU HAVE ANY FOOD ALLERGIES
AND WE WILL DO OUR BEST TO ACCOMMODATE.

MENU AVAILABLE AS TAKEAWAY

19 MURRAY STREET, GAWLER P 8522 6799 F 8523 3709

LUNCH & DINNER MENU

STARTERS & SIDES

GARLIC OR HERB BREAD	5.70	
HOUSE MADE DUKKAH	13.50	
...egyptian nut and spice blend, with balsamic and olive oil served with turkish bread		
BRUSCHETTA (2 SLICES)	9.90	
...tomato, basil, garlic, olive oil on a continental bread		
BRUSCHETTA PIZZA	10.90	13.90
...tomato, bocconcini cheese, basil, garlic, olive oil on a pizza base		
GARLIC & CHEESE PIZZA	9.40	10.40
POTATO WEDGES		9.90
...served w` sweet chilli + sour cream		
BOWL OF CHIPS		8.30
...served w` tomato sauce		
ARANCINI BALLS (3 PER SERVING)		15.90
...mediterranean with 2 dipping sauces		
NACHOS GF V		12.40
...corn chips topped w` refried bean sauce, cheese, sour cream and guacamole		
STEAMED VEGETABLES		9.50
NOVA TASTING PLATE (2/3)		41.90
...freshly made dukkah with balsamic and olive oil, salt & pepper calamari, seasoned crispy chicken strips, grilled chorizo, homemade vegetarian arancini balls, moroccan lamb and haloumi skewers served with lightly toasted turkish bread		

SALADS

*Add Chicken, Salmon or Calamari +\$4, Prawns +\$4.50, Lamb +\$5

GARDEN SALAD GF	9.30	
...mixed salad greens with a balsamic vinaigrette		
CAESAR SALAD	15.40	
...egg, parmesan cheese, bacon, cos lettuce, croutons with homemade caesar dressing		
GREEK LAMB SALAD GF	20.60	
...moroccan lamb over mixed lettuce w` olives, fetta cheese, sun dried tomatoes, roasted red capsicum & red onion finished with homemade tzatziki		
WARM CHICKEN SALAD GF	19.10	
...chicken tenderloins, mushrooms served on mixed salad cooked in sweet balsamic + pesto		
CHICKEN TENDERLOIN SALAD GF	19.90	
...chicken tenderloins, prawns, bacon cooked in sweet chilli sauce with mixed greens and balsamic vinegar dressing		
WARM QUINOA SALAD GF	19.90	
...infusion of roasted pumpkin, beetroot, roast capsicum, spinach & fetta through a balsamic reduction		

PASTA & RISOTTO

GF pasta available upon request with any sauce

	Entrée	Main
SPAGHETTI MARINARA	19.20	22.10
...calamari, mussels, prawns, baby octopus, tossed in white wine spring onions + olive oil, garlic and chilli		
PENNE PRAWNS & CALAMARI	19.20	22.10
...tossed w` bok choy in a sweet chilli cream sauce		
PENNE VEGETARIAN V	17.40	19.90
...roast pumpkin, fetta, sun dried tomato, olives and baby spinach finished in an olive oil and pesto sauce		
PENNE CARBONARA	16.40	19.50
...bacon, cracked pepper in a egg based cream sauce		
LASAGNE		19.00
...traditional Italian bolognese, shaved ham, mozzarella served w` a side salad		
SPAGHETTI PUTTANESCA	17.40	20.60
...vine ripened tomatoes, anchovies, capers, black olives, chilli, fresh basil pesto in a rich Napoletana sauce		
SPAGHETTI BOLOGNESE	16.40	19.80
...traditional Italian meat sauce		
RISOTTO	17.60	20.10
(please refer to specials board)		
CHICKEN & PRAWN STIR FRY	20.00	22.50 ...
hokkien noodles with seasonal vegetables in an Asian style sauce		

MAIN MEALS

(Served Lunch & Dinner – Please check board for daily Specials)

POLLO NOVA GF	24.90	
...grilled chicken breast finished in a candied onion & honey mustard cream sauce, served with asparagus wrapped in bocconcini and prosciutto with seasoned potatoes		
FISH OF THE DAY GFA		
...please refer to the specials board		
FISH AND CHIPS	19.90	
...beer battered fish served with chips, salad and tartare sauce		
NOVA BURGER	19.90	
...a unique burger using prime beef w` spices, bacon, cheese, lettuce, sliced tomato, caramelised onion + tomato sauce, served w` chips.		
SALT & PEPPER CALAMARI	20.90	
...calamari lightly dusted in seasoned flour, fried & served with fresh salad, chips & tartare sauce		
NOVA BBQ SPARE RIBS	26.90	
...moist succulent pork spare ribs thickly coated in a rich homemade bbq sauce served w` fresh salad and chips		
PAN FRIED CHICKEN BREAST GF	24.90	
...served w` garlic seasoned potatoes, avocado and bacon finished with a pesto cream sauce		
MOROCCAN LAMB & HALOUMI SKEWERS GF	24.50	
...with greek salad, moroccan chips & minted yoghurt		
SCHNITZEL (Chicken or Beef)	19.90	
...crumbed schnitzel served w` chips & salad topped w` your choice of sauce (see below)		
PORTERHOUSE	27.50	
...served w` chips & salad and your choice of sauce (see below)		

CHOICE OF SAUCES - gravy, mushroom, pepper, dianne or parmigiana **GF add \$2.00**
NOVA PESCI SAUCE - a rich garlic and prawn cream sauce **GF add \$4.50**

AUTHENTIC GOURMET PIZZA

(Served Lunch & Dinner)

	9" Sml	12" Lge
NOVA MARGHERITA	14.40	19.60
...fresh tomato, herbs, garlic, basil pesto, cheese, salami and ham		
HAWAIIAN	12.90	18.20
...ham, pineapple + cheese		
MARINARA	16.50	21.30
...marinated seafood, herbs, garlic + cheese		
BBQ MEAT LOVERS	15.50	20.60
...chicken, bacon, salami, ham, onion + cheese in bbq sauce		
BBQ CHICKEN	15.50	20.60
...chicken, onion, capsicum, pineapple + cheese		
TRADITIONAL MARGHERITA V	12.50	18.10
...fresh tomato, herbs, garlic, basil pesto + cheese		
POLLOVE	15.50	19.60
...chicken, pineapple, bacon, onion, mushroom + cheese		
VEGETARIAN V	14.40	19.30
...roasted pumpkin, capsicum, olives, tomato, bocconcini, cheese, pesto		
ULISSA	15.80	21.00
...tomato, cheese, prawns, smoked salmon + bacon		
CHICKEN SATAY	15.50	20.40
...chicken marinated in our special satay sauce base, cheese & tomato		
NOVA SPECIAL	15.30	20.60
...ham, mushroom, salami, onion, capsicum, olives + cheese		
LAMB	15.50	21.30
...marinated lamb, onion, roasted capsicum, fresh tomato, topped with homemade tzatziki + cheese		
CHORIZO	15.20	20.40
...chorizo, onion, capsicum, eggplant, cherry tomato with a sprinkle of chilli & cheese		
Extra Meat or Seafood	2.00	4.00
Gluten free bases available (small only)		add 3.20

KIDS CORNER (ages 12 and under)

FLYING SAUCER PIZZA ... mini ham, pineapple OR cheese pizza	12.90
SPAGHETTI BOLOGNESE ... traditional italian meat sauce	
LASAGNA ... served with side of chips	
KIDS SCHNITZEL (beef or chicken) ... served with side of chips	
CHICKEN NUGGETS & CHIPS	
FISH & CHIPS	
CHEESE BURGER & CHIPS... with pickles & sauce	
all kids meals include one small ice-cream OR Fruit Box	