

BREAKFAST MENU

All cooked breakfasts are served with toasted sourdough

| | |
|---|---|
| BACON & EGGS | 12.80 |
| ...eggs of your choice with bacon | |
| EXTRAS ... | |
| ...mushrooms | 2.60 |
| ...Italian sausage (x2) | 3.00 |
| ...haloumi(x1) | 2.60 |
| ...grilled tomato | 2.60 |
| ...hash browns (x2) | 2.20 |
| ...baked beans | 2.20 |
| ...spinach | 2.60 |
| ...avocado | 2.60 |
| ...bacon(x1) | 2.60 |
| EGGS & SMOKED SALMON | 14.90 |
| ...scrambled eggs with smoked salmon | |
| BACON & EGG ROLL | 9.90 |
| ...fried egg, bacon, tomato sauce on a freshly toasted roll | |
| NOVA EGGS BENEDICT | 14.90 |
| ...poached eggs with a choice of salmon, ham or bacon with hollandaise sauce on sourdough toast | |
| OMELETTE | 14.90 |
| 1. ham, tomato and cheese omelette | |
| 2. ham, spinach and mushroom | |
| CALABRESE BREAKFAST | 14.90 |
| ...eggs cooked in a napolitana sauce with diced chorizo, olives, garlic & onion | |
| PANCAKES | 7.20 |
| ...with cream and maple syrup. add ice cream for + \$1.5 | |
| CROISSANTS | |
| ...toasted with jam | 5.20 |
| ...grilled with ham and cheese | 7.50 |
| TOAST | |
| ...2 slices per serve with choice of jam or vegemite | sourdough 4.50 fruit loaf 4.50 gluten free bread add 1.00 |

LUNCH MENU

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| FOCACCIAS <i>toasted and served with chips (Available Lunch Only)</i> | 12.80 |
| 1. CHICKEN | |
| ...chicken, avocado, lettuce, cheese, mayonnaise | |
| 2. SMOKED SALMON | |
| ...salmon, red onion, capers, cream cheese, lettuce | |
| 3. BACON | |
| ...roasted chicken, bacon, tomato, onion + garlic mayonnaise | |
| 4. VEGETARIAN | |
| ...fresh tomato, eggplant, fetta, roasted capsicum + lettuce | |
| 5. CHICKEN PESTO | |
| ...roasted chicken, basil pesto, roasted capsicum + fresh spinach | |
| 6. SATAY CHICKEN | |
| ...chicken, tomato, bacon, cheese + home made satay sauce | |
| MELTS <i>(Available Lunch Only)</i> | 9.50 |
| 1. chicken, sundried tomato + matured cheese | |
| 2. bacon, fresh tomato + matured cheese | |
| 3. ham, pineapple + matured cheese | |
| 4. chicken, avocado + matured cheese | |



CAFE NOVA

BREAKFAST - LUNCH - DINNER

EST. 1999

PLEASE LET US KNOW IF YOU HAVE ANY FOOD ALLERGIES
AND WE WILL DO OUR BEST TO ACCOMMODATE.

MENU AVAILABLE AS TAKEAWAY

19 MURRAY STREET, GAWLER P 8522 6799 F 8523 3709

LUNCH & DINNER MENU

STARTERS & SIDES

| | | |
|--|-------|-------|
| GARLIC OR HERB BREAD | 5.90 | |
| GARLIC BREAD WITH CHEESE | 7.90 | |
| HOUSE MADE DUKKAH | 13.50 | |
| ...egyptian nut and spice blend, with balsamic and olive oil served with turkish bread | | |
| BRUSCHETTA (2 SLICES) | 9.90 | |
| ...tomato, basil, garlic, olive oil on a continental bread | | |
| BRUSCHETTA PIZZA | 10.90 | 13.90 |
| ...tomato, bocconcini cheese, basil, garlic, olive oil on a pizza base | | |
| GARLIC & CHEESE PIZZA | 9.90 | 10.90 |
| POTATO WEDGES | 9.90 | |
| ...served w` sweet chilli + sour cream | | |
| BOWL OF CHIPS | 8.60 | |
| ...served w` tomato sauce | 10.90 | |
| SWEET POTATO FRIES | 15.90 | |
| ...served w` sweet chilli + sour cream | | |
| ARANCINI BALLS (3 PER SERVING) | 12.90 | |
| ...mediterranean with 2 dipping sauces | | |
| NACHOS GF V | 9.90 | |
| ...corn chips topped w` refried bean sauce, cheese, sour cream and guacamole | | |
| STEAMED VEGETABLES | 45.90 | |
| NOVA TASTING PLATE (2/3) | | |
| ...freshly made dukkah with balsamic and olive oil, salt & pepper calamari, seasoned crispy chicken strips, grilled chorizo, homemade vegetarian arancini balls, moroccan lamb and haloumi skewers served with lightly toasted turkish bread | | |

SALADS

*Add Chicken, Salmon or Calamari +\$4.30, Prawns or Lamb +\$5

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| GARDEN SALAD GF | 10.30 | |
| ...mixed salad greens with a balsamic vinaigrette | | |
| CAESAR SALAD | 15.40 | |
| ...egg, parmesan cheese, bacon, cos lettuce, croutons with homemade caesar dressing | | |
| GREEK LAMB SALAD GF | 20.90 | |
| ...moroccan lamb over mixed lettuce w` olives, fetta cheese, sun dried tomatoes, roasted red capsicum & red onion finished with homemade tzatziki | | |
| WARM CHICKEN SALAD GF | 19.10 | |
| ...chicken tenderloins, mushrooms served on mixed salad cooked in sweet balsamic + pesto | | |
| CHICKEN TENDERLOIN SALAD GF | 20.90 | |
| ...chicken tenderloins, prawns, bacon cooked in sweet chilli sauce with mixed greens and balsamic vinegar dressing | | |
| WARM QUINOA SALAD GF | 19.90 | |
| ...infusion of roasted pumpkin, beetroot, roast capsicum, spinach & fetta through a balsamic reduction | | |

PASTA & RISOTTO

GF pasta available upon request with any sauce

| | Entrée | Main |
|---|--------|-----------|
| SPAGHETTI MARINARA | 19.50 | 22.10 |
| ...calamari, mussels, prawns, baby octopus, tossed in white wine spring onions + olive oil, garlic and chilli | | |
| PENNE PRAWNS & CALAMARI | 19.50 | 22.10 |
| ...tossed w` bok choy in a sweet chilli cream sauce | | |
| PENNE VEGETARIAN V | 17.40 | 19.90 |
| ...roast pumpkin, fetta, sun dried tomato, olives and baby spinach finished in an olive oil and pesto sauce | | |
| PENNE CARBONARA | 16.70 | 19.50 |
| ...bacon, cracked pepper in a egg based cream sauce | | |
| LASAGNE | 19.00 | |
| ...traditional Italian bolognese, shaved ham, mozzarella served w` a side salad | | |
| SPAGHETTI PUTTANESCA | 17.40 | 20.60 |
| ...vine ripened tomatoes, anchovies, capers, black olives, chilli, fresh basil pesto in a rich Napoletana sauce | | |
| SPAGHETTI BOLOGNESE | 16.70 | 19.80 |
| ...traditional Italian meat sauce | | |
| RISOTTO | | |
| (please refer to specials board) | | |
| CHICKEN & PRAWN STIR FRY | 20.00 | 22.50 ... |
| hokkien noodles with seasonal vegetables in an Asian style sauce | | |

MAIN MEALS

(Served Lunch & Dinner – Please check board for daily Specials)

| | | |
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| POLLO NOVA GF | 24.90 | |
| ...grilled chicken breast finished in a candied onion & honey mustard cream sauce, served with asparagus wrapped in bocconcini and prosciutto with seasoned potatoes | | |
| FISH OF THE DAY GFA | | |
| ...please refer to the specials board | | |
| FISH AND CHIPS | 19.90 | |
| ...beer battered fish served with chips, salad and tartare sauce | | |
| NOVA BURGER | 19.90 | |
| ...a unique burger using prime beef w` spices, bacon, cheese, lettuce, sliced tomato, caramelised onion + tomato sauce, served w` chips. | | |
| SALT & PEPPER CALAMARI | 20.90 | |
| ...calamari lightly dusted in seasoned flour, fried & served with fresh salad, chips & tartare sauce | | |
| NOVA BBQ SPARE RIBS | 26.90 | |
| ...moist succulent pork spare ribs thickly coated in a rich homemade bbq sauce served w` fresh salad and chips | | |
| PAN FRIED CHICKEN BREAST GF | 24.90 | |
| ...served w` garlic seasoned potatoes, avocado and bacon finished with a pesto cream sauce | | |
| MOROCCAN LAMB & HALOUMI SKEWERS GF | 24.90 | |
| ...with spiced carrot and quinoa salad, moroccan chips & minted yoghurt | | |
| SCHNITZEL (Chicken or Beef) | 19.90 | |
| ...crumbed schnitzel served w` chips & salad topped w` your choice of sauce (see below) | | |
| PORTERHOUSE | 27.50 | |
| ...served w` chips & salad and your choice of sauce (see below) | | |

CHOICE OF SAUCES - **gravy, mushroom, pepper, dianne or parmigiana GF** add \$2.00
NOVA PESCI SAUCE - **a rich garlic and prawn cream sauce GF** add \$4.50

AUTHENTIC GOURMET PIZZA

(Served Lunch & Dinner)

| | 9" Sml | 12" Lge |
|--|--------|----------|
| NOVA MARGHERITA | 14.50 | 19.80 |
| ...fresh tomato, herbs, garlic, basil pesto, cheese, salami and ham | | |
| HAWAIIAN | 13.00 | 18.40 |
| ...ham, pineapple + cheese | | |
| MARINARA | 16.60 | 21.50 |
| ...marinated seafood, herbs, garlic + cheese | | |
| BBQ MEAT LOVERS | 15.60 | 20.80 |
| ...chicken, bacon, salami, ham, onion + cheese in bbq sauce | | |
| BBQ CHICKEN | 15.60 | 20.80 |
| ...chicken, onion, capsicum, pineapple + cheese | | |
| TRADITIONAL MARGHERITA V | 12.60 | 18.30 |
| ...fresh tomato, herbs, garlic, basil pesto + cheese | | |
| POLLOVE | 15.60 | 19.80 |
| ...chicken, pineapple, bacon, onion, mushroom + cheese | | |
| VEGETARIAN V | 14.50 | 19.50 |
| ...roasted pumpkin, capsicum, olives, tomato, bocconcini, cheese, pesto | | |
| ULISSA | 15.90 | 21.20 |
| ...tomato, cheese, prawns, smoked salmon + bacon | | |
| CHICKEN SATAY | 15.60 | 20.60 |
| ...chicken marinated in our special satay sauce base, cheese & tomato | | |
| NOVA SPECIAL | 15.40 | 20.80 |
| ...ham, mushroom, salami, onion, capsicum, olives + cheese | | |
| LAMB | 15.60 | 21.50 |
| ...marinated lamb, onion, roasted capsicum, fresh tomato, topped with homemade tzatziki + cheese | | |
| CHORIZO | 15.30 | 20.60 |
| ...chorizo, onion, capsicum, eggplant, cherry tomato with a sprinkle of chilli & cheese | | |
| Extra Meat or Seafood | 2.00 | 4.00 |
| Gluten free bases available (small only) | | add 3.50 |

KIDS CORNER (ages 12 and under)

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| FLYING SAUCER PIZZA ... mini ham, pineapple OR cheese pizza | 12.90 |
| SPAGHETTI BOLOGNESE ... traditional italian meat sauce | |
| LASAGNA ... served with side of chips | |
| KIDS SCHNITZEL (beef or chicken) ... served with side of chips | |
| CHICKEN NUGGETS & CHIPS | |
| FISH & CHIPS | |
| CHEESE BURGER & CHIPS... with pickles & sauce | |
| all kids meals include one small ice-cream OR Fruit Box | |